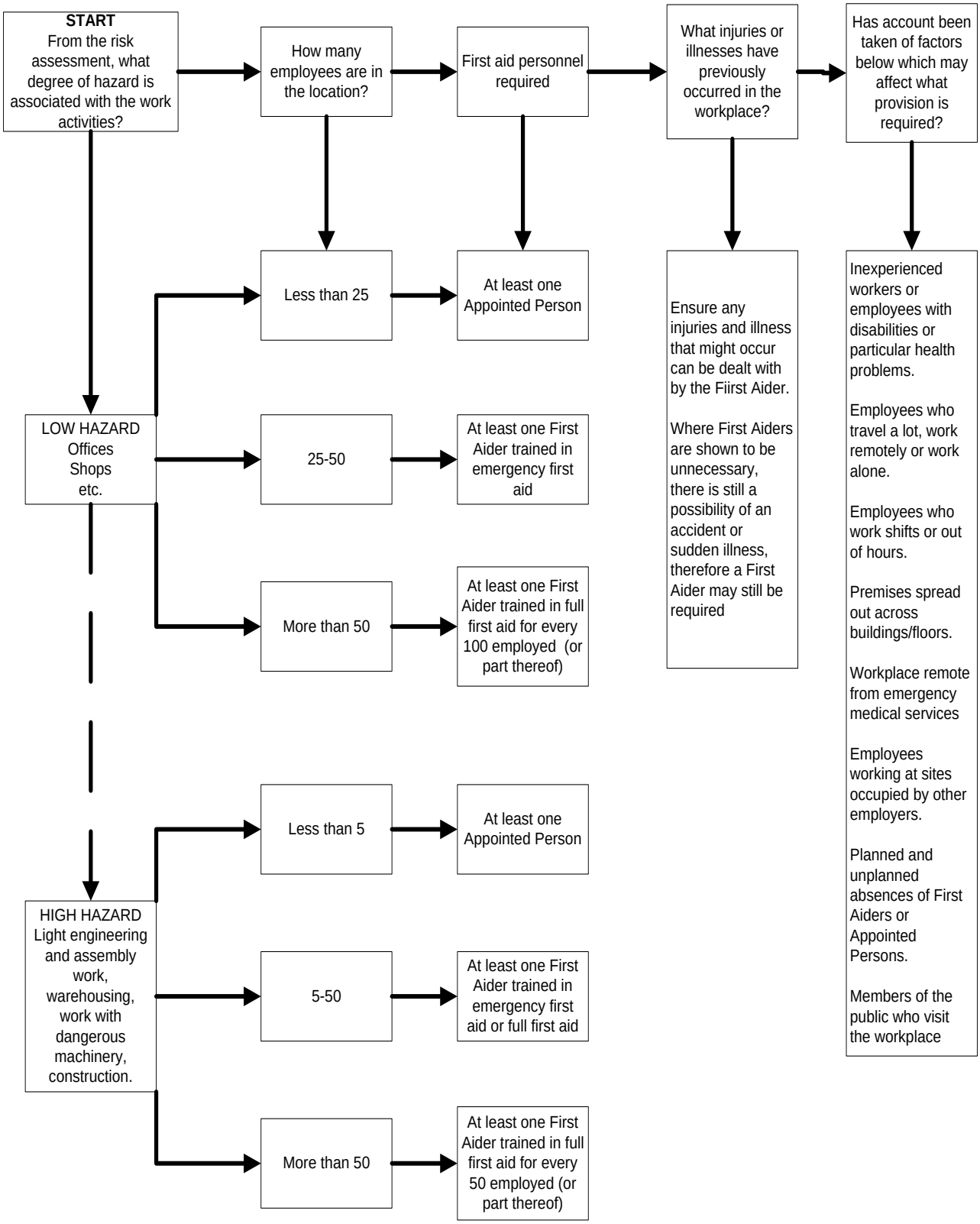Appendix B: First Aid Risk Assessment Checklist/Guidance Numbers for First Aid Personnel