

Casa Feb 26



Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Wk 1 Mon					
Churrasco Chicken Leg with Spiced Rice & Rainbow Slaw copy - 1 Serving		361Kcal			
BBQ Bacon Ranch BLT - 1 Serving		504Kcal	 WHEAT,  BARLEY  MILK  SOYA  CELERY  EGGS	 SESAME	
Piri Piri Chick 'n' Mix - 1 Serving		416Kcal			
Wk 1 Tue					
Chicken, Chorizo & Cheddar Taco with Tomato & Chilli Rice - 1 Serving		476Kcal	 WHEAT  MILK	 SOYA	
Nacho Chilli Cheese Chicken Pasty - 1 Serving		441Kcal	 WHEAT  MILK		 VEGETARIAN  VEGAN
Buffalo Chick 'n' Mix - 1 Serving		361Kcal			
Wk 1 Wed					

Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Chilli Beef Enchilada with Mexican Sweetcorn Slaw - 1 Serving		556Kcal	 WHEAT  EGGS		
Chicken Shawarma Hot Buddha Bowl - 1 Serving		428Kcal	 WHEAT  EGGS  MILK	 SOYA	
Tandoori Chick 'n' Mix - 1 Serving		394Kcal			
Wk 1 Thur					
Buffalo Chicken with Vegetable rice & Hot Sauce - 1 Serving		426Kcal			
American Beef Cheese steak Baguette with Crispy Onions - 1 Serving		565Kcal	 WHEAT  MILK	 BARLEY  SESAME	
Maple & Sweet Chilli Chicken Chick 'n' Mix - 1 Serving		406Kcal			 HALAL
Wk 1 Fri					
Texan BBQ Chicken Burger with Mexican Slaw & Fries - 1 Serving		608Kcal	 WHEAT, BARLEY  CELERY  SOYA  EGGS  SESAME		
Wk 2 Mon					

Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Creamy Piri Piri Chicken with Garlic Orzo & Crunchy Salad - 1 Serving		435Kcal	 WHEAT  MILK	 MUSTARD  SOYA	
Hunters Chicken Folded Wrap - 1 Serving		548Kcal	 WHEAT, BARLEY  CELERY	 MILK  SOYA	
BBQ Chick 'n' Mix - 1 Serving		436Kcal			
Wk 2 Tue					
Fajita Mixed Bean & Cheese Quesadilla with Nachos & Guacamole - 1 Serving		632Kcal	 WHEAT  MILK	 EGGS  SULPHITES	 VEGETARIAN
Tandoori Chicken Naan Wrap Pot - 1 Serving		579Kcal	 WHEAT  MILK	 EGGS	
Buffalo Chick 'n' Mix - 1 Serving		361Kcal			
Wk 2 Wed					
Smoky Chicken Mac Wrap with Spiced Slaw - 1 Serving		637Kcal	 WHEAT  MILK	 MUSTARD  SOYA	 VEGETARIAN

Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Chargrilled Cheeseburger with Sauce Selection - 1 Serving		774Kcal	     SULPHITES		
Piri Piri Chick 'n' Mix - 1 Serving		416Kcal			

Wk 2 Thur

Louisiana BBQ Chicken Thigh with Mashed Potato - 1 Serving		257Kcal	 MILK		
Nut Free Satay Chicken Bowl, Coconut Rice & Mango Slaw - 1 Serving		469Kcal		 MUSTARD  SULPHITES	
Jerk Chick 'n' Mix - 1 Serving		349Kcal			 HALAL

Wk 2 Fri

Charred Lemon & Herb Chicken Burger With Roast Peppers & Fries - 1 Serving		503Kcal	 WHEAT	 SESAME	
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Wk 3 Mon

Firecracker Chicken Leg with Dirty Rice & Portuguese Tomato Salad - 1 Serving		377Kcal			
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Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Toasted Sourdough Reuben Sandwich - 1 Serving		465Kcal	     		
Buffalo Chick 'n' Mix - 1 Serving		361Kcal			

Wk 3 Tue

Texan BBQ Chicken Taco with Wedges & Mixed Salad - 1 Serving		373Kcal	 		
Crispy Chicken Stack Burger - 1 Serving		506Kcal	  		
Piri Piri Chick 'n' Mix - 1 Serving		416Kcal			

Wk 3 Wed

Hot & Spicy Beef & Jalapeno Burrito with Spicy Potatoes - 1 Serving		502Kcal	 		
Greek Chicken Orzo Bowl with Roasted Veggies & Tzatziki - 1 Serving		421Kcal	  	 	
BBQ Chick 'n' Mix - 1 Serving		436Kcal			

Wk 3 Thur

Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Spicy Tex Mex Chicken with Dirty Rice & Nachos - 1 Serving		391Kcal			
BBQ Meatball & Cheese Hotpocket Turnover - 1 Serving		466Kcal	 WHEAT, BARLEY  CELERY  SOYA	 MILK	
Maple & Sweet Chilli Chicken Chick 'n' Mix - 1 Serving		406Kcal			 HALAL
Wk 3 Fri					
Peri Peri Chicken Thigh Burger With Perinaise Sauce & Paprika Fries - 1 Serving		535Kcal	 WHEAT  SESAME	 EGGS	

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