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Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Wk 1 Mon					
Churrasco Chicken Leg with Spiced Rice & Rainbow Slaw copy - 1 Serving		361Kcal			
BBQ Bacon Ranch BLT - 1 Serving		504Kcal	 WHEAT, BARLEY  MILK  SOYA  EGGS  CELERY	 SESAME	
Piri Piri Chick 'n' Mix - 1 Serving		416Kcal			
Wk 1 Tue					
Chicken, Chorizo & Cheddar Taco with Tomato & Chilli Rice - 1 Serving		476Kcal	 WHEAT  MILK  EGGS	 SOYA	
Nacho Chilli Cheese Chicken Pasty - 1 Serving		441Kcal	 WHEAT  MILK		 VEGETARIAN  VEGAN
Buffalo Chick 'n' Mix - 1 Serving		361Kcal			
Wk 1 Wed					

Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Chilli Beef Enchilada with Mexican Sweetcorn Slaw - 1 Serving		556 Kcal	 WHEAT  EGGS		
Chicken Shawarma Hot Buddha Bowl - 1 Serving		428 Kcal	 WHEAT  EGGS  MILK	 SOYA	
Tandoori Chick 'n' Mix - 1 Serving		394 Kcal			
Wk 1 Thur					
Buffalo Chicken with Vegetable rice & Hot Sauce - 1 Serving		426 Kcal			
American Beef Cheese steak Baguette with Crispy Onions - 1 Serving		565 Kcal	 WHEAT  MILK	 BARLEY  SESAME	
Maple & Sweet Chilli Chicken Chick 'n' Mix - 1 Serving		406 Kcal			 HALAL
Wk 1 Fri					
Texan BBQ Chicken Burger with Mexican Slaw & Fries - 1 Serving		608 Kcal	 WHEAT, BARLEY  EGGS  CELERY  SESAME  SOYA		
Wk 2 Mon					

Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Creamy Piri Piri Chicken with Garlic Orzo & Crunchy Salad - 1 Serving		435 Kcal	 WHEAT  MILK	 MUSTARD  SOYA	
Hunters Chicken Folded Wrap - 1 Serving		548 Kcal	 WHEAT, BARLEY  MILK  CELERY  SOYA		
BBQ Chick 'n' Mix - 1 Serving		436 Kcal			
Wk 2 Tue					
Fajita Mixed Bean & Cheese Quesadilla with Nachos & Guacamole - 1 Serving		632 Kcal	 WHEAT  EGGS  MILK  SULPHITES		 VEGETARIAN
Tandoori Chicken Naan Wrap Pot - 1 Serving		579 Kcal	 WHEAT  EGGS  MILK		
Buffalo Chick 'n' Mix - 1 Serving		361 Kcal			
Wk 2 Wed					
Smoky Chicken Mac Wrap with Spiced Slaw - 1 Serving		637 Kcal	 WHEAT  MILK	 MUSTARD  SOYA	 VEGETARIAN

Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Chargrilled Cheeseburger with Sauce Selection - 1 Serving		774 Kcal	 WHEAT  MILK  SESAME  SOYA  SULPHITES		
Piri Piri Chick 'n' Mix - 1 Serving		416 Kcal			
Wk 2 Thur					
Louisiana BBQ Chicken Thigh with Mashed Potato - 1 Serving		257 Kcal	 MILK		
Nut Free Satay Chicken Bowl, Coconut Rice & Mango Slaw - 1 Serving		469 Kcal		 MUSTARD  SULPHITES	
Jerk Chick 'n' Mix - 1 Serving		349 Kcal			 HALAL
Wk 2 Fri					
Charred Lemon & Herb Chicken Burger With Roast Peppers & Fries - 1 Serving		503 Kcal	 WHEAT  SESAME		
Wk 3 Mon					
Firecracker Chicken Leg with Dirty Rice & Portuguese Tomato Salad - 1 Serving		377 Kcal			

Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Toasted Sourdough Reuban Sandwich - 1 Serving		465 Kcal	 WHEAT, RYE  EGGS  MILK  MUSTARD  SOYA  SULPHITES		
Buffalo Chick 'n' Mix - 1 Serving		361 Kcal			
Wk 3 Tue					
Texan BBQ Chicken Taco with Wedges & Mixed Salad - 1 Serving		373 Kcal	 WHEAT		
Crispy Chicken Stack Burger - 1 Serving		506 Kcal	 WHEAT  EGGS  SESAME		
Piri Piri Chick 'n' Mix - 1 Serving		416 Kcal			
Wk 3 Wed					
Hot & Spicy Beef & Jalapeno Burrito with Spicy Potatoes - 1 Serving		502 Kcal	 WHEAT		
Greek Chicken Orzo Bowl with Roasted Veggies & Tzatziki - 1 Serving		421 Kcal	 WHEAT  EGGS  MILK	 MUSTARD  SOYA	
BBQ Chick 'n' Mix - 1 Serving		436 Kcal			
Wk 3 Thur					

Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Spicy Tex Mex Chicken with Dirty Rice & Nachos - 1 Serving		391 Kcal			
BBQ Meatball & Cheese Hotpocket Turnover - 1 Serving		466 Kcal	 WHEAT, BARLEY  MILK  CELERY  SOYA		
Maple & Sweet Chilli Chicken Chick 'n' Mix - 1 Serving		406 Kcal			 HALAL
Wk 3 Fri					
Peri Peri Chicken Thigh Burger With Perinaise Sauce & Paprika Fries - 1 Serving		535 Kcal	 WHEAT  EGGS  SESAME		