



Did you know?

Over a third of UK young people use the internet for six or more hours a day, with most of that time dedicated to social networking sites. A US study of people aged 18 to 24 found that in 2018, 41% of social media users thought it made them feel sad, anxious, or depressed.

Research suggests that being on a screen within an hour of going to bed can cause disrupted sleep.

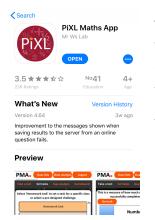
The young also check their phones every 8.6 minutes, more often than any other age group.

In Apple's App Store there are 2,000,000 available apps! There are a wealth of apps available to support students' learning. We recommend directing your son/daughter's screen-time towards something that can help their studies.

Apps to Aid Learning

There are a range of apps that can be used in lessons and can encourage students to work independently. They can be used in any place, at any time. They are good for low stakes quizzing and for acquiring knowledge, and often give feedback about areas of development.

PiXL Maths Apps



There are two PiXL Maths apps that we use: one for GCSE resit students and the other for A level Maths. They contain online questions, papers, video tutorials...They are assessment programmes that accurately identify strengths and areas to develop. Teachers will have an overview of students' progress.

Quizlet

Quizlet is an excellent tool for reinforcing learning and for revisiting. Students can create personalised study plans that guide them through what they have to learn and then build in review periods. Students receive study reminders and make progress with short and actionable study sessions – a very effective way to revise.

SENECA

Seneca allows students to revise, and it is suggested that they will learn twice as fast with the app than would happen with a usual revision guide. When students get a question wrong, the content will be repeated in different formats a few questions later. The app currently covers Biology, Chemistry, Physics, Economics, English Literature, Geography, History, Politics and Psychology.



PiXL Unlock App

This is designed to help students learn, revise and explore vocabulary in a range of ways, as well as develop their reading for meaning skills. One benefit of using this app is that we will be increasing the ability of students to be able to fully understand the demands of questions on the exam papers and understand the vocabulary they are reading in lessons.

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